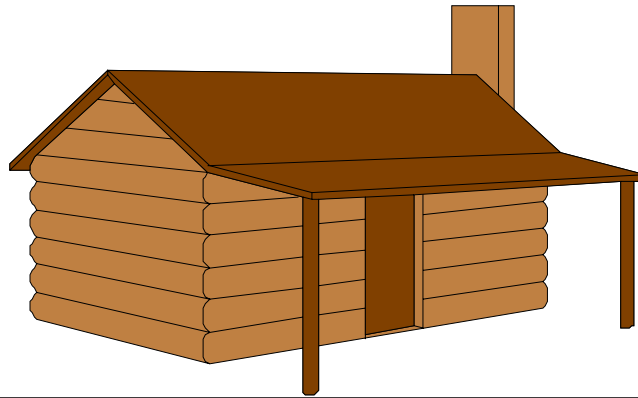


DOROTHY P. FLINT

Nassau County 4-H Camp and Education Center

LOCATED IN RIVERHEAD, LONG ISLAND NY



The Dorothy P. Flint Nassau County 4-H Camp offers a variety of outdoor educational opportunities for schools, youth groups and community organizations. Groups can schedule educational programs, and rent camp facilities as well as food service, from September-June. The camp is operated by Cornell Cooperative Extension of Nassau County.

CAMP BUSINESS OFFICE

Dorothy P. Flint Nassau County 4-H Camp
Cornell Cooperative Extension of Nassau County
40 Main Street, Lower Level
Hempstead, NY 11550

Phone: 516 292-7990 ext. 17
Fax: 516 292-7990
www.dpf4hcamp.org



CAMP ADDRESS

Dorothy P. Flint
Nassau County 4-H Camp
3186 Sound Avenue
Riverhead, NY 11901-1096

GENERAL INFORMATION

ABOUT OUR CAMP

The Dorothy P. Flint Nassau County 4-H Camp offers a variety of outdoor educational opportunities for schools, youth groups and community organizations. Groups can schedule educational programs and rent camp facilities. The camp is operated by Cornell Cooperative Extension of Nassau County, licensed by the Suffolk County Department of Health and accredited by the American Camping Association.

ACCOMMODATIONS

The camp has facilities for sleeping, eating and program activities. Sleeping accommodations include heated and unheated residences. A heated dining hall can seat 200 individuals for meals and double as a site for meetings, programs and other group activities. There are centrally located, heated wash houses in each section of camp. Specific facilities and their rental costs are described on page 3.



CAMP PROPERTY and FACILITY

The camp is located on nearly 140 acres of woodlands, farmland and beachfront adjacent to the Long Island Sound in Riverhead, New York. This natural setting includes a 40-acre work-and-learn farm, low and high ropes challenge courses, a Nature Center, indoor horseback riding arena, riding trails, open areas for recreation and meeting spaces. The camp sits at the gateway to Long Island's East End with its many natural and historic points of interest.

HEALTH AND SAFETY

Individual and group safety is our highest priority. The following rules are strictly enforced:

- Members of user groups are prohibited from entering camp areas and facilities except those areas and buildings specifically designated on the Camp Use Agreement.
- Smoking is prohibited in all buildings. Smoking is only permitted by adults in designated outside areas. Adults who smoke must dispose of matches and tobacco product remains in designated containers.
- The possession, distribution and/or use of alcohol or controlled substances on camp property are prohibited.
- The possession and/or use of weapons or dangerous objects, including but not limited to firearms, fireworks, pocketknives, folding knives and slingshots, is prohibited.
- The beachfront, including the bluff, is off-limits to user groups except when specifically authorized by the Camp Manager or his designee. No swimming is permitted.
- No person may enter the farm area or buildings without the explicit authorization of the Camp Manager.
- Outdoor camp fires are permitted in designated areas only and only with the prior approval of the Camp Manager or his designee. No fires are permitted on the beach. User groups must provide their own wood or use wood identified by camp personnel. User groups are prohibited from cutting down branches or trees.
- Tampering with or removing fire safety equipment, including extinguishers and smoke alarms, is prohibited.

CERTIFICATE OF INSURANCE

Each user group is required to submit a Certificate of Insurance for a minimum limit of \$1,000,000 in liability coverage, naming Cornell Cooperative Extension, the Dorothy P. Flint Nassau County 4-H Camp and the County of Nassau as additionally insured for the period of time that your group is scheduled at camp. Specific information can be found on page 4.

MEALS

Meals and snacks can be arranged for groups of 35 or more at a reasonable cost. There is a meal minimum depending on length of stay. Our camp cooks are certified food handlers. See page 3 for meal plan and costs. When the camp provides food service, the group is responsible for setting and clearing tables, washing dishes and pots, disposing of trash, and sweeping the dining lodge floor. All meals are served family style.

MEDICAL INFORMATION

The camp does not provide health or medical services during the school year. Suffolk Central Hospital, at the intersection of Roanoke Avenue and Route 58 in Riverhead, is a few miles from the camp. **The camp requires that user groups have at least one member who is an emergency medical professional on site during the entire stay. The camp recommends a LPN, RN or EMT.** All users of camp facilities must have medical insurance to use any of the camp facilities. Each user group must provide group accident/medical insurance or use each individual participant's accident/medical insurance as primary coverage. Medical permission forms are required for each individual under 18 years of age.

SUPERVISION OF MINORS

All children under the age of 18 must be supervised by adult chaperones. The camp requires one adult for every 10 children 8 years and older. For children under 8 years, one adult for 6 children is required. Chaperones are expected to be in attendance and actively supervising minors at all times.

USER GROUP RESPONSIBILITY

Each user group is responsible for the conduct of its members. All user groups are responsible for any damage to camp property that occurs while they are using the camp facilities. User groups may not move any camp equipment from its original location. User groups must comply with room and building maximum occupancy. User groups must collect and dispose of all trash properly. Failure to leave the assigned camp areas and buildings clean and neat may result in a \$100 cleaning charge. Any damage incurred on camp property will be prorated and charged to user group. Group can not return until all fees are paid.

RESTRICTIONS

School-year use of camp is limited to those not-for-profit groups or organizations that provide educational programs or activities. The camp facilities cannot be rented or used for strictly social or pleasure activities, including but not limited to get-togethers, retreats, reunions, parties, dances, family events or weddings. User groups are expected to provide proof of their non-profit status and educational purpose or mission.

OUTDOOR PROGRAMS

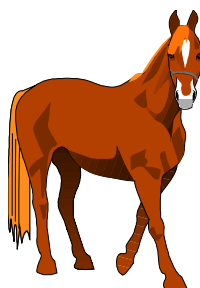
The camp offers the following educational programs for day and overnight user groups of all ages, except where noted. These programs can be scheduled whether or not user groups are using other camp facilities. These programs are not available to individuals or families unless they are part of an organized group.

FARM EDUCATION

During a walking tour of our 40-acre farm, you will learn how the farm raises and cares for cows, pigs, sheep, goats, chickens and pheasants. Tour the orchards and garden areas and learn about planting, tending and harvesting crops for animal and human consumption. Learn about the importance of agriculture to the local economy. Farm education programs are approximately 1 hour long and are available every day from 9 am to 4 pm.

ADVENTURE EDUCATION

The Adventure Education program consists of a series of cooperative games, challenge initiatives and low ropes or high ropes activities that help your group members develop trust, teamwork, leadership and problem-solving skills. A challenge by choice philosophy is emphasized. Adventure education programs are limited to youth in grades 4 through adults. Programs can be structured to meet the educational goals of your groups.



HORSEMANSHIP EDUCATION

Horsemanship education includes safety instruction, different riding techniques and horse science. Multiple sessions can be arranged for a progressive learning experience. Each session includes instruction in the ring or along one of the many wooded trails. Horsemanship education is available to youth 4th—12th grade and adults. The program is available upon request and must be scheduled at least 2 weeks prior to the requested dates. All participants must wear long pants and sensible hard-soled shoes with a heel that is no higher than 1 inch and does not have platform soles (NO SNEAKERS). The camp will provide safety helmets, which must be worn by all riding participants.

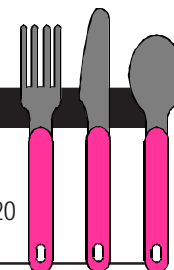
OUTDOOR/ENVIRONMENTAL EDUCATION

The natural environment of camp is a unique combination of mixed woodlands, sand dunes, farmland and beachfront, providing diverse habitats for a variety of wildlife. The Nature Center is located in the middle of this rich woodland environment and seasonably houses aquariums, touch tanks, small wild animals and nature exhibits. Participants may search for turtles, salamanders or snakes; explore fresh and saltwater environments; identify birds, wildlife, trees and aquatic insects and examine local marine animals through sensory awareness activities.

..... 2007 FEES and TERMS

CAMP FACILITY RATES 2007*

Facility	Maximum #	Fee
Day use / bathroom	180	\$7 per person
Tent camping area / Overnight	250	\$10 per person
Cabin / Overnight	10-12	\$50 per cabin
Super Cabin #1 and #2 / overnight	20	\$75 per cabin
Lodge without kitchen / day	180	\$250
Cliff House / day	32	\$375
Staff House / day	24	\$325
Office		\$100
Health Lodge		\$150
Directors Cabin		\$200



MEALS	
Breakfast	– \$10
Lunch	– \$12
Dinner	– \$14–20
Snack	– \$6

NOTE: Catered meal rates will be charged if a cook is not available or selected by choice.

CAMP PROGRAMS:

Type of Program	Minimum #	Maximum #	Duration / Hours	Fee
Farm Tour	10	25	1	\$20 per person
Environmental Education	10	16	1	\$20 per person
Low Ropes *	12	15	3	\$35 per person
High Ropes *	10	12	3	\$45 per person
Ropes w/approved facilitator	10	12	3	\$35 per person
Horse	6	12	2	\$40 per person
4-H Horse Club Series	6	12	1.5	\$25 per person
Horse Series (6)	6	12	1	\$125 per person pre-paid
Horse Basic (6)	6	12	1.5	\$150 per person pre-paid

* If user group participation numbers are below the minimum, user groups can still participate in ropes program but must pay minimum fee.

TERMS

Non-refundable minimum deposit of \$300 or 30% of total fees (whichever is higher) is due with the application. Once your reservation has been confirmed, this deposit is non-refundable. User groups must also return the signed agreement and a Certificate of Insurance to guarantee their reserved dates.

IMPORTANT INFORMATION

ORIENTATION

Upon arrival at camp, each user group will be greeted by a camp designee who will show the user group the areas and facilities it is permitted to use. A representative from the user group will inspect the facilities with the camp designee, then sign the 4-H Camp Use Report that describes the conditions of the facilities and equipment. This report will be used to determine any damages that may occur during the user group's stay. If there are any changes in the condition of facilities and/or equipment, the group will be billed for these damages according to a list of replacement costs presented during the orientation. The staff designee will also review with user group leader all camp policies that apply. It is expected that user group leader understand and review all camp policies with the group.

COMMUNICATION

There are two pay phones (Cliff House--631 727-7513, Westwood office--631 727-9762). Camp personnel will show you the office nearest your reserved area.

- Call 911 for ambulance, police or fire emergency services.
- Call 631 727-0166 or 631 727-2860 to reach camp designee voice mail.

CERTIFICATE OF INSURANCE

The user group shall provide a Certificate of Insurance prior to the scheduled stay at camp showing evidence of the following minimum limits of insurance or as required by law, whichever is greater.

1. Comprehensive General Liability including contractual, with a minimum combined single limit per occurrence of \$1,000,000. If the general liability is from a policy of insurance commonly known as Business Owners Policy (BOP), the Certificate must indicate that the liability insurance provided under the BOP is the primary for this event. NO EXCEPTIONS.
2. If the user group is a business, or has employees, the Certificate of Insurance must include proof of Worker's Compensation.
3. The user group must name Cornell Cooperative Extension of Nassau County, the Dorothy P. Flint Nassau County 4-H Camp and the County of Nassau as additionally insured.

HOLD HARMLESS

The user group shall defend, indemnify and hold harmless Cornell Cooperative Extension, the Dorothy P. Flint Nassau County 4-H Camp, the County of Nassau and their employees, officers, volunteers and directors from any and all claims, actions, demands, or other proceedings for any actual or alleged injury to persons or damage to property arising out of any act or omission of the user group, its employees, guests or invitees during its occupancy of the camp premises.

DIRECTIONS TO CAMP

Take the LIE to Exit 71 (Hampton Bays/Calverton). Turn left at bottom of exit ramp, cross the railroad tracks through light at Route 25 and continue north until you reach traffic light at Sound Avenue (approximately 3.9 miles from LIE to Sound Avenue). At traffic light turn right and continue east for 2.5 miles until you see the 4-H Camp sign at the West Entrance on the left side of the road. Turn left at the sign. Continue to drive into camp and park in the designated visitor parking.

ABOUT CORNELL COOPERATIVE EXTENSION

Cornell Cooperative Extension of Nassau County is an educational, not-for-profit agency that provides research-generated information and educational programs. Cornell Cooperative Extension educators use a variety of teaching methods and learning experiences to help youth and adults put knowledge to work as they master life skills and solve everyday. Programs and other resources are available on a variety of issues including:

- Foods, nutrition and health
- Parent education
- Youth development
- Integrated pest management
- Home gardening and landscape

ABOUT 4-H

4-H is the youth development program of Cornell Cooperative Extension. The 4-H emblem is a four-leaf clover with the letter "H" in each leaf. The letters stand for Head, Heart, Hands and Health. It is the overall goal of the 4-H program to foster critical thinking, concern for others, life skills and healthful living.



SUMMER CAMP

Cornell Cooperative Extension operates a resident summer camp for youth entering grades 4-10. Summer camp offers many opportunities to make friends, learn new skills and gain independence. A summer camp brochure is available January-July. Call 516 292-7990 ext. 6.

FOR MORE INFORMATION

If you would like to know more about Cornell Cooperative Extension of Nassau County, the 4-H youth development program, please call Adrienne Comito at 516 292-7990 ext. 24.

SAMPLE MENU – MINIMUM 35 PEOPLE

Breakfast – juice, pancakes or cereal, fruit, drinks

Lunch – grilled cheese sandwich or hamburgers, salad bar, pudding, drinks

Dinner – spaghetti / meat sauce or chicken, vegetable, cake/fruit, drinks

Snack – cookies, fresh fruit, drinks

DESCRIPTION OF CAMP FACILITIES...

SLEEPING FACILITIES

Cliff House

- \$375 per day (heated September-November and April-May).
- 8 rooms with a central meeting area / fireplace.
- 2 full bathrooms with showers / 1 half bathroom.
- Food/dishes can be brought in for meals; small kitchen with oven.

Each room has 4 beds (2 sets of bunk beds); 2 corridors each with 4 bedrooms. A central meeting area divides the 2 areas. Sleeps a maximum of 32. Overlooks L.I. Sound on east side of camp.

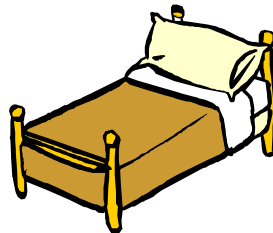
Staff House

- \$325 per day (heated September-November and April-May).
- 6 rooms with a small central meeting area.
- 2 full bathrooms with showers.
- No cooking facilities.

Each room has 4 beds (2 sets of bunk beds); 2 corridors branch out from central meeting area. Sleeps a maximum of 24.

Directors Cabin

- \$200 per day.
- 2 rooms with bathroom/shower.
- Beds for 6. Sleeps a maximum of 6.
- Electricity.



Regular Cabins

- \$50 per day, per cabin. Wood cabins with screened windows (can be covered at night).
- 14 cabins that can be used and share a common bathroom facility nearby.
- Bunk beds sleep 10-12.
- Electricity.

“Super Cabins”

- \$75 per day, per cabin. Large wood cabins with screened windows.
- 2 “super cabins” share a common bathroom facility nearby.
- Bunk beds sleep 20 maximum.
- Electricity.

OTHER FACILITIES

Office

- \$100 per day.
- Located at entrance to camping area. Can be used for registration.
- Pay phone in building.

Health Lodge

- \$150 per day.
- This building can be used with large groups as a health lodge.

Lodge

- \$250 per day.
- Large heated, multi-purpose building with round tables, seats up to 180. Good for training sessions, group meetings. If meals are part of camp facility use, they are prepared and eaten here.
- 1 bathroom.
- Electricity.

OTHER CAMP AREA USE

Tenting area

- \$10 per person, per day.
- Groups can bring their own tenting equipment and will be directed to areas within walking distance of the common bathroom facility.
- Cooking on site. Grills and picnic tables available.

Day use of camp

- \$7 per person, per day.
- Groups can make arrangements to use designated areas (recreational fields, trails, beachfront).
- Bathroom facilities will be designated.

CAMP PROGRAMS

Farm Tour

- \$20 per person / minimum of 10, maximum of 25. See description.

Environmental Education

- \$20 per person / minimum of 10, maximum of 16. See description.

Adventure low ropes program

- \$35 per person / minimum of 12, maximum of 15. 3 hour program. See description.

Adventure high ropes program

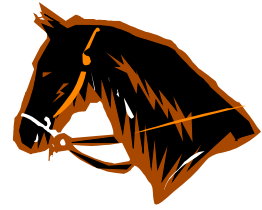
- \$45 per person / minimum of 10, maximum of 12. 3 hour program. See description.

Horse Program

- See back of page for description.

SPECIAL NOTE: Our adventure ropes facilities can be used for up to 6 hours: \$35 per person under the supervision of a facilitator (pre-approved by our contractor, Visionary Adventure, Inc.) and maintains required supervision minimums and shows proof of insurance.

The Cornell Cooperative Extension 4-H Horse Program structure is a sequential learning experience that allows youngsters to “learn by doing.” This is an ideal program for youngsters ages 8 to teens who want to learn more about horses. Programs are designed to teach safe and responsible horsemanship while building self-esteem and life skills.



2-HOUR HORSE PROGRAM

Fee: \$40 per person / minimum of 6, maximum of 12

The 2-hour program is an ideal opportunity for youth groups ages 8 through teens. Scout groups can do badge work. This program can be scheduled on weekends, after school or during holidays.

HIGHLIGHTS OF THE PROGRAM

- Safety around horses; how to lead them safely from the stall or pasture.
 - How to groom and tack a horse, and the different equipment used for horseback riding.
 - The correct way to mount and dismount a horse.
 - The correct riding position and how to communicate effectively with the horse.
-
- ✓ Youngsters practice skills on horseback doing various exercises either in the ring or on a short trail ride.
 - ✓ Teamwork and cooperation are emphasized during the 4-H horsemanship class.
 - ✓ Safety in the saddle and on the ground is stressed during all classes.

6 SESSION HORSE PROGRAM

1 HOUR RIDING EACH SESSION

Fee: \$125 per person / minimum of 6, maximum of 12

This longer introductory program helps youngsters build on skills they learn each session. They develop confidence and skill as they progress through the series. The age and skill level of the youngster is considered when planning the series. The program can be tailored to meet the needs of specific groups.

HIGHLIGHTS OF THE PROGRAM

- An introduction to horses and review of important safety rules.
- How to lead and hold a horse safely before mounting.
- Instruction on how to mount and dismount.
- The correct riding position and how to communicate effectively with the horse.
- At the beginning of each session, the youngsters practice skills learned at prior sessions before new information is added. While mounted, they learn about horse breeds and colors, the parts of the saddle and bridle, and the parts of the horse.

Note: Girl Scout or Boy Scout groups doing specific badge work can have their leader discuss with our staff special topics to be covered. This can include background assignments, community service, or research that is done between sessions.